



Menu of Diabetes Structured Education - Brent

Patients registered with a NW London GP who are living with diabetes or at risk of Type 2 diabetes are invited to participate in an education programme.

These programmes are free to patients.

Type of Diabetes	Delivery	Course	Location	Length	How to refer
					Ask patient to create a Know Diabetes account and then
GDM	Online	My Gestational diabetes	Online	4 hours	complete e-Learning here
					Create an NHS Preventing Type 2 Diabetes account and
					then go to the eLearning pages on that platform
NDU	0 - 1'	Introduction to type 2		4 1	https://www.preventingdiabetes.org.uk/learning-
NDH	Online	prevention	Online	1 hour	zone/elearning/
					Create an NHS Preventing Type 2 Diabetes account and
		Understanding high risk of			then go to the eLearning pages on that platform https://www.preventingdiabetes.org.uk/learning-
NDH	Online	Understanding high risk of type 2	Online	3 hours	zone/elearning/
NDIT	Offilia	type 2	Offilitie		2010/010411111 <u>9/</u>
				5 days - either 1	
	Face to			week or split over one day for	
T1D	Face	DAFNE(18+)	Face to Face	•	Referral form in EMIS - CLCHT.BrentSPA@nhs.net
110	1 400	D/11142(101)	1 400 10 1 400	O WOOKS	Ask patient to create a Know Diabetes account and then
		Combabadas Countina			complete e-Learning here
		Carbohydrate Counting - (Only for people using either			Complete o Economis Note
		an insulin pump or multiple			
		daily injections (MDI)/ basal-			
		bolus short-acting insulin			
		with meals and long-acting			
T1D	Online	insulin once/twice a day)	Online	2 hours	
		,,			Ask patient to create a Know Diabetes account and then
		Considering an insulin pump			complete e-Learning here
		aimed at people with type 1			
		diabetes considering			
		switching from injections to			
T1D	Online	an insulin pump	Online	30 min	
		Freestyle Libre (for anyone			Ask patient to create a Know Diabetes account and then
		diagnosed with type 1			complete e-Learning here
		diabetes, that is using or			
		would like to start using the			
T1D	Online	Freestyle Libre system)	Online	1 hour	
		Growing up with type 1			Ask patient to create a Know Diabetes account and then
T1D	Online	diabetes	Online	3 hours	complete e-Learning here
					Ask patient to create a Know Diabetes account and then
T1D	Online	Living with type 1 diabetes	Online	3 hours	complete e-Learning here
					Ask patient to create a Know Diabetes account and then
T1D	Online	My insulin pump	Online	2 hours	complete e-Learning here
		Understanding type 1	-		Ask patient to create a Know Diabetes account and then
T1D	Online	diabetes	Online	4 hours	complete e-Learning here
	_				
	Face to			4 day = 0.5	
TOD	Face and		Food to Food	1 day or 2.5	Poterral form in EMIS CLOUT ProstCDA @aba act
T2D	Online	DESMOND	Face to Face		Referral form in EMIS - CLCHT.BrentSPA@nhs.net
TOD	Face to	DESMOND BME	Face to Face	1 day or 2.5	Referral form in EMIS - CLCHT.BrentSPA@nhs.net
T2D	Face	DESIMOND DIME	race to race	uays	Referral form in EMIS - CLCHT.BrentSPA@nhs.net Referral form in EMIS CLCHT.BrentSPA@nhs.net
T2D	Online	DESMOND	Online	2 x 3 hours	Referral form in civilo oloni. Dientopa@nns.net
120	OTHILLIC	DECINOND	OTHINIE	Z X O HOUIS	
		DESMOND – Type 2			
T2D	Online	Diabetes Injectable Therapy	Online	4 x 3 hours	Referral form in EMIS - CLCHT.BrentSPA@nhs.net
	Cimilo	Healthy Living for people	J	. A O HOUIS	Ask patient to self refer - Healthy Living
T2D	Online	with Type 2 diabetes	Online	Self Directed	Non patient to son refer - Fleating Living
120	OTHING	Typo 2 diabotes	Jimilo .	1 hour to	
T2D	Online	MyDESMOND	Online	complete	Referral form in EMIS - CLCHT.BrentSPA@nhs.net
120	OTHINITE	Introduction to type 2	OTHING	complete	Ask patient to create a Know Diabetes account and then
T2D	Online	diabetes	Online	1 hour	complete e-Learning here
120	OTHINIO	GIGDOTO	Jimilo .	. Hou	Ask patient to create a Know Diabetes account and then
T2D	Online	My type 2 diabetes	Online	4 hours	complete e-Learning here
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